

Who's this for?

Parents, caregivers, families and whānau of children aged 0-9 years with a recent diagnosis of autism.

Where is the programme available?

This programme is available throughout New Zealand. There is no cost to attend the programme.

Referral criteria:

- A child with an autism diagnosis.

For younger children under the age of 5 years, we can accept a provisional diagnosis where the child is undergoing assessment and it is understood that the diagnosis is highly likely to be confirmed. Children aged 5 and above need to have a confirmed diagnosis.

- Referral received prior to the child's 10th birthday.
- Referrals can be made by parents, ASD Coordinators, health professionals within child development services, early childhood services, NASC coordinators.

Exploring Autism is a group based programme, although in exceptional circumstances this can be delivered individually.

Topics covered:

- Introduction to autism
- Thinking and learning
- Social communication
- Supporting stress, anxiety and behaviour
- Sensory processing
- Next steps – into the future

Client Details			
Name of child referred		DOB	
		NHI	
Address		Ethnicity	
		Iwi/Hapu	
		Gender (please specify)	
Preferred language		Interpreter needed (y/n)	
General practitioner	<i>Name</i> <i>Practice</i> <i>Phone</i>	Diagnosis (including secondary diagnosis)	
Legal Status – child <i>(e.g. 141, 145 order)</i>		Person(s) with legal status <i>(if applicable)</i>	
Person who made diagnosis <i>(Paediatrician / Psychiatrist)</i>	<i>Name</i> <i>Service</i> <i>Phone</i>	Diagnosis date	
Other services involved <i>(name and details)</i>		NASC Coordinator	

Parent / Guardian Details			
Name (s)		Address (if different from above)	
Contact details	<i>Phone</i> <i>Mobile</i> <i>Email</i>		

Referrer Details <i>(if different from above)</i>			
Name		Date of referral	
Role with child		Contact details	<i>Phone</i> <i>Email</i>

Referral Consent

This referral has been discussed with the person and/or their guardian and agreement gained for Explore involvement.	yes/no

Alerts

Identify any known risks (<i>environmental, people, animals etc...</i>)	
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Additional Information

Other programmes or education workshops attended	
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Other services involved now or previously	
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Any other relevant information	
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Please provide details of adult family/whānau members interested in participating in the Exploring Autism Programme e.g. parent, grandparent, aunt, support person, teacher etc.

Name and relationship to child		Name and relationship to child	
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Name and relationship to child		Name and relationship to child	
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Name and relationship to child		Name and relationship to child	
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If there are any days and times you are **not able** to participate in the programme, please indicate here

Days		Times	
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Please note:

- Where there is a presentation of behavioural challenges that are causing concern or presenting a risk to self or others, then a referral to Explore's behaviour support service would be more appropriate via the NASC.
- Where there is an identified need for more than one Explore service at the same time, please don't hesitate to contact us prior to referral to discuss the best referral outcomes. In most cases we would recommended that families are supported to access one service at a time.

Please attach relevant information regarding diagnosis or other specialist / psychological reports.