## **BILD Practitioners Course**

# Positive Behaviour Support

#### Aim of the course

The course covers the essential knowledge needed by anyone who provides direct support and implements behaviour support strategies or a behaviour support plan. Participants will explore the purpose and essential elements of a behaviour support plan, including proactive strategies such as teaching new skills as well as reactive strategies and learn what they need to do to support functional assessments.

This two-day course will introduce the key components of Positive Behaviour Support (PBS) and the values and science that underpin it. The potential causes and function of behaviours of concern will be covered as well as the impact of personal attitudes, values, and beliefs on the quality of support that is offered.

Recommended attendees: Managers, Team Leaders, and Support Staff.

### Course programme

Cost: \$550 + GST per person\*

### Programme day 1

- What is Positive Behaviour Support & how does it support human rights?
- Developing capable environments
- Understanding why people behave in certain ways
- Relational person centred working & improving quality of life

### Programme day 2

- Positive Behaviour Support Plans
- Proactive & reactive strategies, including skill teaching
- Post-incident support & wellbeing
- · Putting it into practice

For all enquiries email: BILD.PBS.Training@explore.org.nz

