

Person-Centred Active Support

Engage. Empower. Enhance Quality of Life.

Aim of the course

This half-day programme is designed for people who provide direct support and want to create meaningful opportunities for engagement. Recommended attendees include Managers, Team Leaders, and Support Staff who are committed to improving outcomes for the people they support. Through practical strategies and collaborative approaches, you'll learn how to foster independence, build positive relationships, and create safe, predictable environments that enhance quality of life.

This training is an essential step toward delivering truly person-centred services. Person-centred active support benefits everyone – clients, whānau, and providers. It delivers positive outcomes and supports staff development and retention. By promoting participation in everyday activities, people gain opportunities to learn new skills, build independence, and enjoy good communication and relationships.

Course programme

Cost: \$1,695 + GST per programme (15 participants)*

4 Hour Course

- Defining Person-Centred Active Support
(The four essential elements)
- Identifying components that contribute to quality of life
- Contributing to meaningful engagement
- Overcoming barriers and obstacles
- Understanding the importance of working as a team



For all enquiries email: BILD.PBS.Training@explore.org.nz

*prices subject to change on provision of venue, catering or travel costs